

GRAB AND GO BAG LIST

Tailor your Grab and Go bag to your personal needs.

Safety Gear

- Emergency blanket
- Flashlight/extra batteries
- Multi-tool (ex. Leatherman)
- Face masks
- Sturdy gloves
- Lighter/Matches
- Duct Tape
- Large garbage and Ziplock bags

Communication

- Whistle
- Phone charging cable and portable power bank
- Portable radio/batteries/radio app
- Emergency contact list
- Pen/paper/Sharpie pen

Food + Water

- Water/Water bottle
- Food (protein/granola bars, trail mix, nuts, dried fruit, beef jerky)
- Water purification tablets\Portable water filter

Comfort Items: Deck of cards, chocolate, toys, etc.

Health + Personal Care

- Medications
- First aid kit
- Toothpaste/toothbrush
- Spare eyeglasses/contacts & solution
- Soap/Hand sanitizer/Wipes
- Toilet paper

Important Documents

- Emergency Plan/Out of Area Contact
- Cash
- Thumb drive with important documents
- Hard copy of Utility Bill as proof of residency (for shelters/aid)
- Photographs of each family member and pets

CONSIDER Special Provisions you need for you and your family including elderly, disabled, small children, and pets.

MAINTAIN Your Kit: Replace expired items. Review your needs every year and update your kit as your family's needs change.