GRAB AND GO BAG

Tailor your Grab and Go bag to your personal needs.

Safety Gear

- □ Emergency blanket
- □ Flashlight/extra batteries
- □ Multi-tool (ex. Leatherman)
- □ Face masks
- □ Sturdy gloves
- □ Lighter/Matches
- □ Duct Tape
- □ Large garbage and Ziplock bags

Communication

- □ Whistle
- □ Phone charging cable and portable power bank
- □ Portable radio/batteries/radio app
- □ Emergency contact list
- □ Pen/paper/Sharpie pen

Food + Water

- □ Water/Water bottle
- □ Food (protein/granola bars, trail mix, nuts, dried fruit, beef jerky)
- □ Water purification tablets\Portable water filter

Comfort Items: Deck of cards, chocolate, toys, etc.

Health + Personal Care

- □ Medications
- □ First aid kit
- □ Toothpaste/toothbrush
- □ Spare eyeglasses/contacts & solution
- □ Soap/Hand sanitizer/Wipes
- □ Toilet paper

Important Documents

- □ Emergency Plan/Out of Area Contact
- □ Cash
- □ Thumb drive with important documents
- □ Hard copy of Utility Bill as proof of residency (for shelters/aid)
- □ Photographs of each family member and pets

CONSIDER Special Provisions you need for you and your family including elderly, disabled, small children, and pets.

MAINTAIN Your Kit: Replace expired items. Review your needs every year and update your kit as your family's needs change.