

Living on

SHAKY GROUND

HOW TO SURVIVE EARTHQUAKES AND TSUNAMIS IN NORTHERN CALIFORNIA

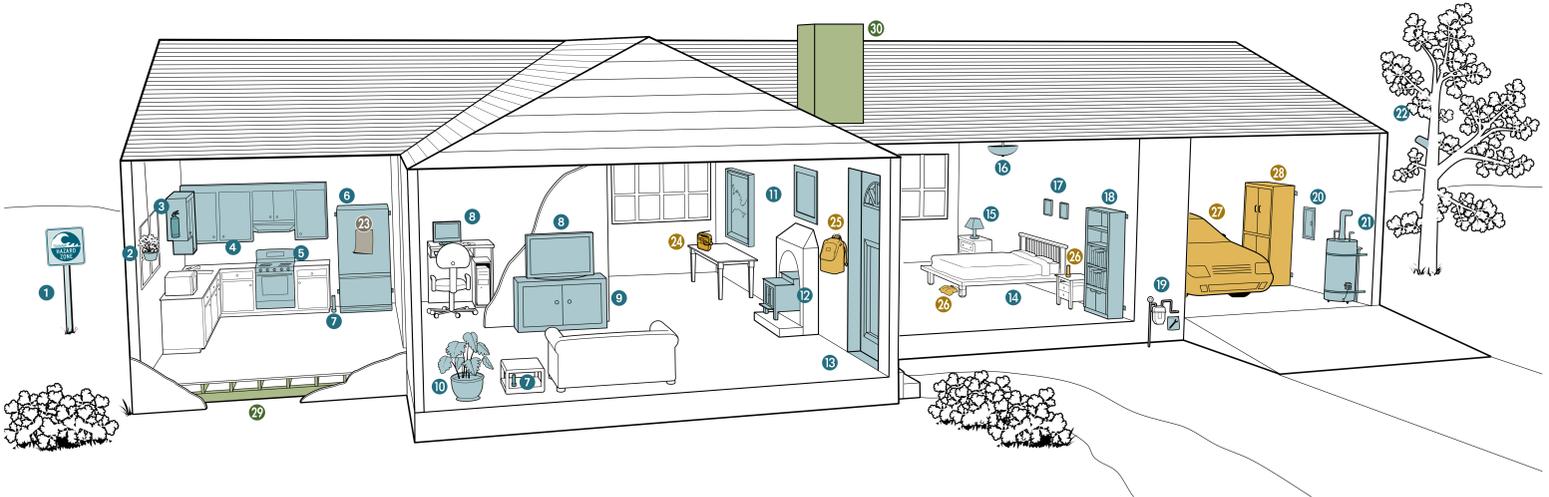
Seven Steps That May Save Your Life

Preparation is the key to surviving a disaster. Start today by looking at these seven steps. Then talk to your family about what you have learned. Be safe—reduce losses—recover quickly.

**BEFORE AN EARTHQUAKE OR TSUNAMI—PREPARE
DURING THE EARTHQUAKE—PROTECT
AFTER THE EARTHQUAKE—RECOVER**

THIRTY SUGGESTIONS TO MAKE YOUR HOME EARTHQUAKE SAFE

Connect the actions with their locations in the house below.



STEP 1—IDENTIFY HAZARDS

- 1 Know whether you live, work or play in a tsunami hazard zone.
- 2 Hang plants in lightweight pots with closed hooks, well secured to a joist or stud and far away from windows.
- 3 Store fire extinguisher (type ABC) in easily accessible location.
- 4 Install strong latches on kitchen cabinets.
- 5 Use flexible connections where gas lines meet appliances.
- 6 Remove or lock refrigerator wheels, secure to studs.
- 7 Keep several flashlights in easily accessible places around the house.
- 8 Secure valuable electronics items such as computers and televisions.
- 9 Keep breakables in low or secure cabinets with latches.
- 10 Move heavy plants and other large items to floor or low shelves.

- 11 Hang mirrors and pictures on closed hooks.
- 12 Secure free-standing woodstove or fireplace insert.
- 13 Keep heavy unstable objects away from doors and exit routes.
- 14 Place bed away from windows or items that may fall.
- 15 Secure knick knacks and other small valuables with museum putty.
- 16 Brace overhead light fixtures.
- 17 Place only light weight/soft items over bed.
- 18 Secure top-heavy furniture to studs.
- 19 Keep wrench or turn-off tool in water proof wrap near gas meter.
- 20 Know the location of your main electrical switch (fuse box or circuit breaker).
- 21 Secure water heater with metal straps attached to studs.
- 22 Trim hazardous tree limbs.

STEP 2—CREATE A PLAN

- 23 Have your emergency plan accessible and discuss with all family members.

STEP 3—PREPARE DISASTER KITS

- 24 Obtain a NOAA Weather Radio with the Public Alert feature to notify you of tsunamis and other hazards.
- 25 Keep an emergency backpack with copies of important documents near the door to grab and go.
- 26 Keep flashlight, slippers and gloves next to beds.
- 27 Keep gas tank at least half full.
- 28 Store emergency food and water supplies in a dry accessible area. Include first aid kit, extra cash, portable radio, extra batteries, medications and other necessary supplies.

STEP 4—STRENGTHEN YOUR HOME

- 29 Use anchor bolts every 4 to 6 feet to secure home to foundation.
- 30 Reinforce brick chimneys.

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