PREPARE

1 Secure Your Space (pg 20)
- Identify items that may fall, topple or slide
- Secure potentially hazardous and valuable items
- Determine if you live, work or play in a tsunami hazard zone

2 Plan to be Safe (pg 22)
- Practice “Drop, Cover, and Hold On” drills
- Collect critical supplies
- Choose a meeting place and an out-of-area contact
- Recognize the natural and official warnings of a tsunami and know how to respond

3 Organize Disaster Supplies (pg 23)
- Create kits for home, work and car
- Be prepared to be isolated for at least a week

4 Minimize Financial Hardships (pg 24)
- Identify weaknesses in your building and fix them
- Consider earthquake and/or flood insurance

SURVIVE

5 Drop, Cover, and Hold On (pg 26)
- DROP to the floor
- TAKE COVER under a sturdy table or desk
- HOLD ON until the shaking stops

6 Improve Safety (pg 27)
- If you are in a tsunami hazard zone, immediately WALK to higher ground or inland away from coast
- Check for injuries and damage

RECOVER

7 Reconnect and Restore (pg 28)
- If you evacuated coastal areas—stay away until officials permit you to return
- Be in communication—use your radio for info
- Expect aftershocks—some may be large enough to do additional damage

IMPORTANT INFORMATION

Out-of-Area Contact Name ___________________________________________ Phone ___________________________

Email _____________________________________________________________ Phone ___________________________

Neighborhood Meeting Place _______________________________________ Phone ___________________________

Regional Meeting Place ____________________________________________ Phone ___________________________

Doctor/Office _______________________________________________________ Account No. ________________________

Medical Insurance ___________________________________________________ Policy No. _________________________

Pharmacist _________________________________________________________ Account No. ________________________

Rx No. _____________________________________________________________________ Rx No. _____________________________________________________________________ Rx No. _____________________________________________________________________

Home/Rental Insurance ______________________________________________ Policy No. _________________________

Veterinarian/Kennel ________________________________________________ Account No. ________________________

Call the HEEC Earthquake Hotline for a daily recording of earthquake activity locally and around the globe: (707) 826-6020

Shake Out shakeout.org

Living on Shaky Ground humboldt.edu/shakyground


Geologic Hazards myhazards.caloes.ca.gov

Earthquake Country Alliance earthquakecountry.org

NOAA Tsunami Preparedness tsunami.noaa.gov/prepare.html