

Living on SHAKY GROUND

HOW TO SURVIVE EARTHQUAKES AND TSUNAMIS IN NORTHERN CALIFORNIA

Step 2

PLAN TO BE SAFE

HAVING THE TALK

Follow these steps to help develop your emergency plan:

1. GET YOUR FAMILY OR OFFICE TOGETHER



2. IDENTIFY YOUR SITUATION

Are there special needs? Do you have pets or livestock? Do you live in a tsunami zone?

3. DISCUSS YOUR PLAN OF ACTION

Gather emergency supplies, fill out personal emergency plans, and discuss what to do when the shaking starts.

Name	_____
Address	_____
Email/Phone	_____
Doctor/Medical Insurance	_____
Medications	_____
Medical Devices	_____
Dietary Restrictions	_____
Out of the Area Contact	_____
Meeting Place	_____
Children: School	_____
Childcare Provider	_____
Other	_____

4. HOW WILL YOU COMMUNICATE AFTER THE EARTHQUAKE?

Only use phones in life-threatening emergencies. Select an out-of-the-area contact person to relay messages. Keep a printed copy of important phone numbers with you. Cell phones and the internet are unlikely to work.



[Detailed emergency plan template](#)

5. ASSESSING DAMAGES AFTERWARDS

If your home is damaged, determine where you will take shelter. Plan to document losses by taking photos or video.

YOU NOW HAVE A PLAN!

Make sure everyone has a copy and save it to your phone.

Traveling? Let someone know your plans and when you'll return. Learn about the potential hazards for the area you are visiting.

